

questions for provider during covid19

During this time, it is possible that birth options at the hospital have changed. It's important to keep asking these important questions when you connect with your provider.

*What is the best way to stay informed about possible changes and recommendations? For example, provider's website, Facebook page, or phone number to call, etc.

*Who is able to support me at the hospital? What does that look like? Are there any plans to change that policy?

*Is it possible that I may be directed to a different hospital when I'm in labor?

*If my doula is not able to provide in-person support due to hospital restrictions, she will be supporting me virtually. What tips do you have?

*Will I have access to regular facilities, such as the nourishment room, walking the hall, cafeteria, and having outside food delivered?

*What can I do while I'm at the hospital to protect myself from being exposed to covid-19? What will the staff do to protect patients?

* Is early discharge a possibility? If so, will we check in with providers via Telehealth? Do I need to have any medical supplies at home?

*Will I have access to lactation support in the hospital or after discharge? Are there virtual or Telehealth options through the hospital?

*What is your guidance on having visitors at home after the birth?

*If I am infected with covid-19 at the time I go into labor, how will that affect my birth and postpartum plans?